

District 3 Minutes for October 10/16/22

Opened with the Serenity Prayer 10am

Introductions: Melvin S., Bill D., Patti D., Becky A., Mike Urman, Derick, Will K., Stephanie H., Melissia M., Gordy A.

Concept 10 Patti D.

Tradition 10 Melissia M.

Secretary Report – Stephanie H. The minutes from the last meeting were emailed out to the group earlier in the month and Stephanie asked everyone if there were any corrections. No corrections were made. Motion to approve by Bill D. 2nd by Patti D. approved by vote

Treasurer Report: Melvin S. is continuing to fill in

Beginning balance \$3370.41

Deposit – Former's Group 75.00

\$3445.41

Checks

#1027 Pete S. 13.20

#1029 Perham Alano Club – zonal forum 25.00

#1030 Patti D. - zonal forum supplies 59.00

#1031 USPS P.O.Box 6 months 91.00

#1032 Copy Kat printing -1000 schedules 139.59

#1034 Roger Johnsen - past web expenses 975.00

Arvig autopay 9/26 36.22

Total \$1339.01

Ending balance \$2106.40

Outstanding checks

#1028 Pete S. 13.20

#1033 Pete S. 105.00

Motion to Approve by Becky A. 2nd by Patti D.

DCM Report: Melvin S.

Sept 24th -Got another call from Gene Gwin's daughter they found another box of treasury stuff. Made a 3rd trip to pick up materials , turns out the records for the last years have been put in manilla envelopes.

Sept.27th - Sat in on the Tuesday noon meeting in Fergus Falls, briefly discussed district so as not to overwhelm them. Gave a fellow by the name of Paul a packet he will forward to someone interested in service?

Please add : Wednesday 7PM Big Book meeting 215 E Junius

Attended Area Assembly in Crookston , District 3 showed up with six people including myself.

New business -

Financial Oversight committee report will be given at Dec area 35 committee meeting.

Past delegates eligible to be nominated for area service positions not previously held - passed

Area 35 inventory extended 2 more weeks

Ad - hoc Tech.committee - microsoft based program being investigated to be used by area which DCM's would use also for reports and documents. Area will use as an archive also and for communication.

Delegate nomination to be brought to groups.

Old business - Northern lights looking for suggestions on streamlining info

NL needs to condense content to 28 pages.

Seems like I made more connections with committee members in between sessions asking questions. Spoke with Greg Cabana CPC chair from Alexandria about possible ways to reduce website costs.

Alt DCM Report: Melissia M.

I went to the Area Assembly in Crookston and attended the DCM Sharing Session

The questions we discussed were

1. How do we keep track of proposals, like an action book?

2. How do we get communication out better to GSR and chair people?
3. Is there a district inventory?
4. Should we have 2 DCM Sharing Sessions?

As far as the State Fair booth there was a motion on the floor that Area 35 not participate in staffing or funding the state fair booth.

Discussion: Not enough people stop by and Area 35 thinks it's a waste of our time and resources. Area 36 questions whether the state fair booth is prudent, are we closing an opportunity for young people to ask questions.

We voted to continue to the State fair booth.

There was an election for the Area Treasurer between Vicki R. from District 11 and Terry P from District 5. Vicki was elected with 52 of the 64 available votes.

There was a motion on the floor that past delegates are eligible to be nominated for area service positions not previously held. There were 79 votes available and 53 were needed for the $\frac{2}{3}$ majority and we had 54 in favor.

She is continuing to work on the Round Robin Schedule

Motion to approve Becky A. 2nd by Patti D.

Grapevine Report: Melissia M.

Remember that the website has quotes of the day and podcasts and has an upcoming app.

Motion to approve by Becky A. 2nd by Gordy A.

CPC PI: Open Position

Helpline: Bill D.

Good morning. Ahh yes.... fall. Fall is the beautiful moment between sweat and hypothermia here in MN.

This last month we received 3 calls for meeting information.

Put a few pinups up in Perham with our new edits. They look great! We can always use help refreshing pinups.

Again, please check and see if the meeting list is current for your groups.

We have more District 3 business cards as well as the new pinups. Take a few and use them.

Motion to approve by Becky A. 2nd by Stephanie H.

Literature: Becky A.

I received the tubs from Bill D. and the cash box from Patti D. with \$284.91 Melvin and I went through the tubs and bound the pamphlets available, if you need to order anything let me know. We should order before the end of the year. The group decided Becky A. can bring extra supplies to the locker at the Alano club and Becky will buy a collapsible cart to use to haul the totes and some smaller totes. Will K. should fill out a group change form to register for the AA Service manual discussion. How does she pay for the literature? Becky A. talked to Pat the Area Literature Chair and will get more organized. Should pamphlets for other chairs order separately since they have their own budget?

Treatment: Patti D.

Discussion about Hazelden and area lines and about whether they have access to phones to bridge the gap so that they can't contact people. Melvin S. asked about PO Box being used as mail for Patti D. or Bill D. for people looking for information. The Pen Pal program uses the PO box as well.

Corrections: This last month not much to report.

I attended the Corrections Service Workshop from St. Cloud via Zoom on Oct. 8th. When I tried to log on, the "Host" needed to let me in. I waited 45 minutes to be let in. The main presenter, Class A Trustee, Judge Kerry Meyer was about done. There were some questions and answers. She

handled them well. It's again apparent to me that there are lot of well meaning corrections volunteers that don't have much understanding about AA's Traditions as they wanted to know about therapy style programs and other fellowships. Judge Meyer was steadfast about "This is AA, nothing else."

Not many attended and it ended early.

I will get with our literature chair to see what we have to give to the jails and get whatever else, wherever I can. Becky A. suggested giving the jails a copy of traditions of AA. Discussion about what happened with Bell Hill? Patti D. sent information and Bill D. is willing to go visit.

Webmaster: Pete S. was absent but sent his report via email and was read by Stephanie H.

The online contacts for service members are up and running, looking for feedback

Still waiting to change over monthly payment

The emails contact will be what I'm understanding is going to be an extra dollar/month per address

Still looking for flyers to upload/or constructive ideas

Mike Urman: Grapevine Chair for Area 35

His role is supporting Melissia M. and giving us more information on what the Grapevine represents. The Grapevine began in 1944 because Bill felt the stories of other members should be shared. In 1955 Bill saw at the convention that the Grapevine could be self supporting; you can not donate and it does not take group support. In the years before, the magazine was always on the table, and people loved reading it because it's relatable but it is no longer on the tables, now it's harder to find and it's unfortunately not being read as readily. We bring them to jails and they are excited to get them, as long as there aren't any staples, "Free on the Inside" is a great book for the prisons. The stories are all relatable and carry a good message of recovery. A checklist for the grapevine Prices are going up.

The top 10 books are going up in price by 2.49

Language of the Heart soft cover

Emotional Sobriety

Free on the Inside

Prayer and Meditation

Spiritual Awakenings

Take me to Your Sponsor

The Best of Bill

The Best of Grapevine 1,2 & 3

Fun in Sobriety

Women in sobriety

Grapevine.org has podcasts, daily quotes, November is gratitude month

They have information on how to get information into jails and treatment facilities. One idea is that you can donate a year long subscription as a thank you.

Mike shared some personal stories about how his sharing has helped others.

Digital Subscriptions 1 year for \$28 or 2 years for \$54

GSR reports :

Grace Lutheran – Becky A. Eye Openers DL Monday 10am & Wednesday 10am

Round Robin upcoming for October 29th handed flyers out. Attendance is good but down a bit with snowbirds leaving gradually, there have been a few newcomers. I attended the Area 35 Assembly in Crookston.

DL Friday Noon Group – Melvin S. First Lutheran Church

Round Robin upcoming for October 29th handed flyers out

TGIF Hawley – Gordy A. TGIF in Hawley Friday 7pm and 12x12 on Monday 7pm They have moved to methodist church 1031 main street for both meetings

Behind the Cenex Friday night group still has 6-10 people and Monday is doing good with the same number 6-8 people.

Alano Club – Stephanie H. DL Alano Club Formers Group; Tue BB 7pm well attended 10-12 people; Wed Grapevine 12pm 10-12 people; 6pm Women's meeting 10+ women; Thurs. AA Topic 7pm 12-15 people; Saturday Mens 7 am 15 men; Women's meeting 9am 15 women; Sunday 12x12 1 pm 5-7

We have lots of newcomers due to speaking at Lakes Crisis now during the day. We have snow birds that have left but numbers are up.

I attended the Area Assembly in Crookston. This was my first assembly and I left a full sheet of notes for the planners when it was done. I had some suggestions for helping people with disabilities, and taking more breaks. I also felt the chairs should be more comfortable and perhaps there could have been music during the ice cream social or dance or Karaoke party. Also, doing some research before planning the location to be sure there will be enough accommodations available.

I attended the GSR Training where I listened to Steve Lere

I learned there are 133 voting members at the General Service Conference

Area 35 is a minority. Everything starts with the homegroup. The area needs our current information and Steve is our channel to funnel information.

The sun never sets on AA- it has a far reaching effect.

There are 550 registered groups in Area 35 and only 41 GSR were in attendance.

AA world service will be having an upcoming podcast weekly,

Justin Wolfrom spoke about our 4 zones and 17 districts. The next Service Workshop is January 14th -15th in Duluth.

Christine Gerth is the Area 35 Chair and she explained how the assemblies work and that on odd years we elect new chairs. The assemblies are in April and October the first full weekend but they adjust for Easter.

Steve Lere will post the agenda items posted online by Feb. 15th and will send a hard copy to each DCM.

Sally Lammi is the Area Secretary.

AA Comes of Age is recommended as beginning reading

Language of the Heart contains all of Bill W.'s Grapevine writings.

If you want Catalogs, talk to Pat and Mike, anyone can submit to Northern Lights, and anyone can get a copy.

If your meeting does not have a GSR you still need a contact person to be on AA. org

There is a password to access some of the files, you can get the password from your DCM

Ask the Archives about Red Records.

We did talk about the delegate nomination process:

Currently we just say I nominate _____ as a delegate.

One option is to just have them stand up

Another option is to explain why you nominated them

We had a breakout session for each group and I attended the group for the GSR's.

We had a brainstorming session where we shared some great ideas we had for making our local groups better and growing. Some ideas we had were adding QR codes to our flyers (which I promptly emailed out to the group), renting billboards, and to be involved in service. Then we decided to come up with 5 questions and answers to share later in the sharing session.

What are some Ideas for GSR's presenting their reports to uninterested groups?

1.

Explain to the group that they elected you as their GSR and send you to events and should be interested in the information you bring back.

2. How to keep old-timers from chasing away newcomers?

Make sure that the group chairperson has had enough training to bring the meeting back to the topic and call out the bleeding deacons.

3. How do we inspire new people to sign up for service work?

Make service work look fun and exciting and make sure you are training in your replacements.

4. How do we handle people who beg for food and money at meetings?

You could offer to help them afterwards with finding resources, or offering to sponsor them, or you can explain that this behavior is not acceptable.

5. How do we find newcomers or new blood?

Make sure to socialize before and after meetings, make newcomers feel welcome, use newcomer packers, give 24 hour medallions, don't overwhelm them and be fun

New York Mills- New Beginnings Will K. Tues 7pm at Trinity Lutheran Church
willing to be treasurer Nominated by Bill D. 2nd by Becky A. approved by unanimous vote
Will Kliber will be our new treasurer and will be added to the checking account
Update on meeting to open not closed and is strong about 10 people

New Business

Melvin S. put a note to GSO asking for envelopes

Gene M. came out and found the office key so now we can use the printer. Should we donate or pay for ink? We didn't renegotiate the price of our rent, so we think it's included in the price of rent.

Patti D. and Melissia M. went to Photo Magic and found out that the price for 500 copies 2 per sheet 2 sided would be 8 cents and 10 cents more for color paper. Set up is \$15-30 and every time we need changes. We could do the changes ourselves and save this money. Stephanie H. mentioned that we could make the changes at the meeting each month and that would save time and money.

Melvin S. informed us that since we had such a large turn out from our district, we were asked to present a topic at the April Assembly in Alexandria. We do know that the Hotel cost is \$159 per night.

Our next meeting is November 20th, 2022

Concept 11 Stephanie H.

Tradition 11 Will K.

Stephanie H. made a motion to close and it was seconded by everyone

We closed with the Resposibilty Statement